

Youth Support Service can help young people with job skills

Resources to help prepare young people for life after education



This week is National Careers Week, and our Youth Support Service is sharing a number of resources to help prepare young people for life after education.

Our Youth Support Service provides services for young people aged 13 to 19 years old (up to 25 for young people with learning difficulties and/or disabilities). The service can provide information, advice and careers guidance to support young people to access education, employment or training opportunities.

These resources can help young people make informed decisions about their future, so please share them with anyone you know who would like some advice.

Need help with a CV or preparing for an interview?

Central Bedfordshire's Youth Support Service can help young people who need advice or support when applying for jobs.

The Find Your Future website has lots of information available for free, including how to write a CV, how to prepare for a job interview and the kinds of skills people should demonstrate to increase their employability. They also have lots of careers quizzes available for anyone unsure about what they want to do, and information about careers in different sectors.

You can also stay up to date with the Youth Support Service on their [Facebook](#) page, which offers impartial, useful and reliable information on education, employment and training opportunities.

[Find Your Future >](#)

The National Careers Week virtual careers fair is now live, enabling young people to find out about jobs in different sectors. The website is a great resource for anyone wondering what they'd like to do for work, and also gives access to The Skills Builder Hub, helping build essential skills.

[Virtual Careers Fair >](#)

A guide to career options for school and college leavers

This free downloadable guide is for school leavers, covering all options and packed with up-to-date information. The guide is jam-packed with advice to help students choose the right path, find virtual work experience, ace video interviews and much more. It also features the Top 100 Apprenticeship Employers for 2020-2021, with insights into what it is like to be an apprentice at each company.

[Read more >](#)

More careers information, advice and guidance

The National Careers Service is for anyone aged 13 and older and provides information, advice and guidance on learning, training, career choice, career development, job search, and the labour market.

[Find out more >](#)

Career support if you're 18+

Bedfordshire Employment and Skills Service (BESS) has a team of advisers who can provide one-to-one support with work for those who are 18+. Advisers can help with job searching skills, CV writing, preparing for interview and career choices. In addition, BESS adult learning has a wide range of free courses for those who are 19+ and interested in building qualifications for work.

Courses include:

- Employability (skills to prepare for, search for and apply for work)
- Health and social care
- Business administration
- Working in schools
- Working in early years
- Customer service
- Warehousing
- Supporting children, young people and adults

- English, maths and IT
- ESOL (English for Speakers of Other Languages)

For one-to-one support into work or help finding the right course and qualifications, contact a BESS advisor using the button below.

[Contact an advisor >](#)



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